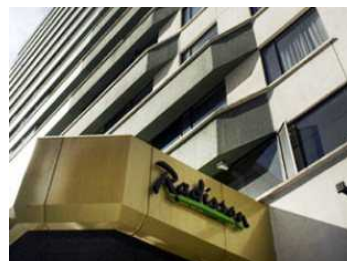


Flying Tortoise Marathon And Running Events,
Quito Package July 30 to Aug. 8, 2010
Ten people maximum per group.

Fri. July 30: Airport limo service receives arriving guests outside of customs, typical arrival time from the US 9:00 PM. Guests are taken to the Radisson Hotel, Quito (Radisson.com.ec). We use the Radisson because it is relatively close to the airport, creature comfortable and guests will be leaving Quito first thing in the AM.



Sat. July 31: Flight to San Cristobal Galapagos where you'll be met by running event coordinators. Typical arrival time 1PM. Lunch, orientation, first snorkel expedition to swim with sea lions, turtles, rays etc. Sunset and dinner.



Galapagos Notes:

You'll be running the following day of your arrival and the event coordinators will be sure you get set up at your hotel, with snorkel equipment, understand where the beaches are, restaurant where you will be eating etc. San Cristobal is an easy town to get around. You can walk from one end to the other in five minutes. The day after the running events is a "lite" day where you'll be touring the far side of the island, giant tortoises, farms etc. Your bilingual Galapagos National Park guide will be available dawn to dusk for whatever you may need for the remainder of the time you're in the Galapagos. He/she has a thorough knowledge of the geology, biology, history, current status and gossip of the Galapagos, as well as the experience of living here and knows when and where to be in order to make the most of your

time, whether it's iguana watching, sunset viewing, snorkeling or hammock location.

Guests stay in the finest hotels available here on San Cristobal and Isabela, however this tour is focused more toward adventure and exploration rather than shopping and fine dining. Breakfasts are had at the hotel. All other meals are provided by the premier restaurants here, Miramar its award winning chef Santiago Teran or The Albemarle on Isabela.



Should anyone wish to, Salsa dancing is available some late nights at the local's club where you'll be the only gringos in the place and the locals will likely be buying drinks and showing you some steps.

It is entirely possible to snorkel every dawn and sunset with the sea life. Your guide has years of experience snorkeling with everyone from deep water free divers to complete novices. Most of them are certified Dive Masters. Their goal is to be sure you enjoy all the riches of the Galapagos to the fullest and quite a few of those riches are to be found underwater.



Sun. Aug. 1: Race day. Van takes you to race site. Below are a series of pictures of the course. Dirt roads and trails, minor undulations, no "major" hills. The vast majority of the course is shaded.

The marathon will start at 8:00 AM, the half marathon at 9:00 AM and the 10K at 10:00 AM.



Post race late PM Barbeque and post race debriefing and metal presentations.



Mon. Aug. 2: "Lite" day with your Galapagos National Park guide. You won't have to move any faster than a tortoise. All day tour of the far side of the island: Commune with the Giant Tortoises in their reserve, visit the local farms where much of the food provided is grown, bananas, bamboo, papaya, guavas etc. People are often surprised at how entertaining this visit actually is. Visit Puerto Chino (pristine isolated beach) and El Junco, the highest elevation on the island and volcano crater now filled with water.

We have been pioneering a program with local farmers to purchase produce from them. The town has grown accustomed to purchasing its produce from the continent where the large corporate farms can afford to grow, ship the produce and sell for a price that has made farming here a non profitable enterprise. We know generally months in advance how many people are coming and can go to the farmers and tell them on this date we are going to need X number of tomatoes, lettuce, etc. Many of these crops they can plant and grow knowing they will have a secure market for them.





The family who runs the farm you will be visiting provides lunch and samples of their home grown and roasted Galapagos coffee. It is a very peaceful place.

This night at dinner there will be a guest speaker from the Charles Darwin Foundation who will give a brief presentation.



Tues. Aug. 3: All day chartered boat trip to tip of the island and islets. Snorkeling with sharks, rays, turtles and sea lions. Visit nesting grounds of Frigate Birds, Pelicans, Boobies, Tropical birds, etc. Roam gorgeous, deserted, pristine beaches that could make travel posters cry.



Typical hectic morning, Galapagos, Ecuador.



Note sea turtle just beyond reach.





Wed. Aug. 4: Early morning travel to Isabela Island with your Galapagos National Park guide. This involves a short inter island plane flight. The flight is very scenic and an opportunity few tourists receive to view the Galapagos Islands from the air.

The plane lands in Puerto Villamil, Isabela where you will check into either Casa de Marita (check page on our web site) or Hotel Albemarle (hotelalbemarle.com), the two nicest hotels on Isabela and tour the small town (Pop. 1,000). It is possible to snorkel with penguins there right in front of the hotel. There is a long beach to walk where flamingos can often be seen.



Thur. Aug. 5: Your hotel fronts a long sand beach. Depending on the group's mood/energy level and the weather, there's a hike to a volcano, Sierra Negra, the tortoise breeding station, a private tortoise farm, Campo Duro, flamingos, penguins, choose among these things. We will have booked a three hour boat trip in either the AM or PM to Shark Island where sharks can be seen "sleeping" from above and where there is a wonderful snorkel site a short distance away.





Fri. Aug. 6: Return flight Isabela to Baltra to catch connecting return flight to Quito.

You'll arrive around four or five PM, be picked up by our limo./bus service and taken to Hotel Patio Andaluz, (hotelpatioandaluz.com) centrally located in Old Town (Colonial) Quito, charming patio style hotel, four stars, always rave reviews.



Quito Notes:

Upon arrival in Quito from the Galapagos the group will be met by their bilingual, native guide, who will escort the group to their hotel, be sure all is well, return in the morning to guide them around Quito and out to dinner that night. Breakfasts in Quito are served at the hotel, lunch will be had at guides recommended restaurant and dinner on the second night will be had at either La Choza (lachozaec.com)

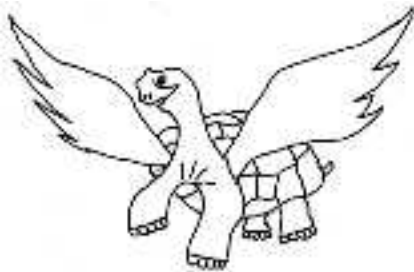
and/or Café Mosaico (cafemosaico.com.ec). Dinner the first night will be had at the hotel, Patio Andaluz.



Sat. Aug. 7: Breakfast on the patio in hotel. This day is spent on a fully guided tour of Quito's main attractions, including: Colonial Quito, Museums, Teleferico, Mitad Del Mundo, Feria Artisanal (shopping) hosted by your bilingual Quito native with tour van/bus at his or her disposal. This tour can be customized somewhat depending on the group's inclinations. Lunch will be provided at appropriate restaurant depending on location of tour. Dinner will be had at either La Choza (lachozaec.com) and/or Café Mosaico (cafemosaico.com.ec).



Sun. Aug. 8: Return International Flight. Guide and limo/bus insures that all arrive in the international terminal with your luggage, photos, smiles on your faces and hopefully a place in your hearts for Ecuador and the Galapagos.



Inlcuded in the Flying Tortoise Marathon And Running Events, Quito Package July 30 to Aug. 8, 2010 (ten people maximum per group):

- All airport transfers in Quito and the Galapagos
- All ground transportation to tours and boat trips in the Galapagos
- All breakfasts, lunches, dinners, and non-alcoholic beverages, some snacks (breakfasts taken at hotels-lunches at appropriate restaurant, depending on location of tour, box lunches for day trips on boats and when away from civilization-Dinners: two in Quito, one at La Choza (lachozaec.com) or Café Mosaico (cafemosaico.com.ec), one at Hotel Patio Andaluz. In the Galapagos, dinners had at either Miramar Restaurant on San Cristobal or at Oasis in Isabela.
- One night double occupancy Hotel Radisson 7/30
- Two nights (double occupancy) Hotel Patio Andaluz (patioandaluz.com) 8/6 and 8/7
- All day tour of Quito and surrounding areas (itinerary flexible, bilingual guide with transport) 8/7
- Round trip air between Quito and Galapagos. Quito-San Cristobal 7/31 and Baltra-Quito 8/6
- Bilingual Galapagos National Park guide 8/2 thru 8/6
- Four nights (double occupancy) Cabanas Pimampiro, Casa Blanca or Casa de Nelly San Cristobal 7/31 thru 8/3
- An all day privately chartered boat tour to islets and far side of island (see details on itinerary) 8/3
- All day tour of the far side of the island (tortoises/ see itinerary) 8/2
- Inter island flights San Cristobal-Isabela 8/4 and Isabela-Baltra 8/6
- Two nights (double occupancy) Hotel Albemarle (hotelalbemarle.com) or Casa de Marita, Isabela 8/4 and 8/5
- All day tour of Isabela including: Sierra Negra (active volcano), penguins, tortoise breeding ground and flamingos. 8/5
- Unlimited snorkeling, exploring, surfing, animal watching, swimming with the help of your guide
- Snorkeling equipment for duration of Galapagos leg of tour

Not included: Race registration (\$60, \$50 or \$40) International airfare, airport taxes (Quito \$42, Isabela \$15), Galapagos National Park entrance and transit card fee (\$110), alcoholic beverages and tips.

Per person cost 6 to 10 in group \$2,985
 Single Supplement \$610